

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereals, porridge and homemade bread for toast				
Snack	Breadsticks and Fresh Fruit	Banana Pancakes	Cheese Straw	Hummus with Salad sticks	Cheese and Broccoli Scones
Lunch	Spaghetti Bolognese and garlic bread Peaches and Greek Yogurt	Fish Pie with sweetcorn and broccoli Apple and Maple Cake	Vegetable Lasagne with garlic bread Chocolate chip cookie	Roast Chicken with mash, stuffing, carrots and peas Bananas and Custard	Chicken curry with rice Carrot Cake
Tea	Crumpets with Cheese and cherry tomatoes Shortbread Biscuit	Pizza with salad Sticks Fresh Fruit	Scrambled Egg on toast with cherry tomatoes Fresh Fruit	Pasta and Roasted vegetable sauce Fruity Flapjack	Cheese or Ham sandwiches, salad sticks and crisps Fresh Fruit

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereal, porridge and homemade bread for toast				
Snack	Cheese Scone	Apple oaty bar	Cheese Straw	Breadstick and fresh fruit	Hummus and crackers
Lunch	Fish and broccoli Pasta Bake Cherry Oaty Biscuit	Roast Chicken with mash, stuffing, carrots and peas Rice pudding and Jam	Chinese Chicken Curry with rice Chocolate and beetroot cake	Lentil Cottage Pie with sweetcorn Peach and Yogurt	Orzo Fajita Bake and Nachos Bananas and custard
Tea	Carrot and Butternut squash soup with homemade bread Fresh Fruit	Pasta and roasted vegetable sauce Vanilla Sponge	Cheesy potato pie and beans Fresh Fruit	Cheese or Ham sandwiches, salad sticks and crisps Fresh Fruit	Pizza and salad sticks Ginger Biscuit

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection of cereal, porridge and homemade bread for toast				
Snack	Cheese and apple	Vegetable flapjack	Breadstick and fruit	Cheese straw	Breadstick and fruit
Lunch	Butter chicken Curry with rice Sticky Ginger Cake	Hulks Macaroni Carrott Cake	Roast Chicken with mash, stuffing, carrots and peas Rice pudding with raspberry sauce	Spinach and Butternut squash Pasta Bake with garlic bread Cinnamon roll	Fish Pie with peas and carrots Peaches and yogurt
Tea	Hoops on Toast Fresh Fruit	Scrambled egg on toast with cherry tomatoes Fresh Fruit	Pasta and Roasted vegetable sauce Oaty Biscuit	Pizza with cucumber and carrot sticks Fresh Fruit	Cheese or Ham sandwiches, salad sticks and crisps Lemon and Courgette Cake